

Mid-Coast Family Services



Service Summary
September 1st, 2014 – August 30th, 2015



Mid-Coast FY 14-15 Snapshot

By the numbers...

Category	#
Youth in Education	1557
Adults Referred to Treatment	1500
People served with Rental Assistance	600
Individuals Permanently Housed	46
Victims Served	468
Individuals Sheltered	312
Hotline Calls Received	1290
Thrift Donations	2195
Thrift Sales	\$132,753

Acronyms and Initialisms

- ATOD – Alcohol Tobacco and Other Drugs
- BIPP – Battering Intervention and Prevention Program
- CBSG – Curriculum Based Support Groups
- DSHS – Department of State Health Services
- ESG – Emergency Solutions Grant
- FV – Family Violence
- HHSC – Health and Human Services Commission
- HUD – Housing & Urban Development
- MCFS – Mid-Coast Family Services
- OSAR – Outreach, Screening, Assessment, & Referral
- OVAG – Other Victim Assistance Grants
- RSS – Recovery Support Services
- SAPCS – Sexual Assault Prevention and Crisis Services
- SASP – Sexual Assault Services Program
- SHP – Supportive Housing Program
- SNRP – Special Non-Residential Project
- TDHCA – Texas Department of Housing & Community Affairs
- VAWA – Violence Against Women Act
- WCC – Women’s Crisis Center
- YPI – Youth Prevention Indicated
- YPS – Youth Prevention Selective

Substance Abuse

Programs	Director
YPS/YPI/SNRP	Tracy Aguilar
OSAR	Clyde Keebaugh
DWI Program	Allen Tippit

YPS (Youth Prevention Selective) – These are Department of State Health Services (DSHS) funded programs aimed at Elementary school aged youth. YPS programs are centered on Curriculum Based Support Groups (CBSG), which is a proven curriculum designed to enhance protective factors in children while limiting the effects of risk factors. Other strategies utilized in this endeavor are Alternative Activities, Educational Presentations, Information Dissemination, and the Community Based Process.

Activity	Total
CBSG – Support Groups	947
Alt. Activity - Youth	2,039
Alt. Activity - Adult	389
Presentations	80
Presentation Attendance	10,845
Signed MOUs	27
Information Diss.	2,290

YPI (Youth Prevention Indicated) – DSHS also funds YPI services aimed at youth in middle and high school. In addition to CBSG, Individual Prevention Counseling is utilized for more intensive education for students who have already been identified as having experimented with drugs. These youth are screened and given individual goals to curb ATOD (alcohol, tobacco and other drugs) usage. Students identified with deeper issues are referred to the proper services.

Activity	Total
CBSG – Support Groups	610
Individual Counseling	540
Youth Referred	106
Alt. Activity - Youth	1,869
Alt. Activity - Adult	408
Presentations	58
Presentation Attendance	1,239
Signed MOUs	25
Information Diss.	2,779

SNRP (Special Non-Residential Project) – This funding is from HHSC (Health & Human Services Commission) to implement violence prevention programming for school aged children. Although from an administrative standpoint this program fits in the Family Violence department, in practice it dove-tails more appropriately in the Youth Department. These services utilize presentations and curriculum to prevent bullying, dating violence, and family violence.

Activity	Total
Community Presentations	105
Youth Attending	1520
Adults Attending	175
Professional Presentations	12
Attendees	384
Information Diss.	384

OSAR (Outreach, Screening, Assessment, & Referral) – OSAR services are confidential drug and alcohol screenings and assessments that make referrals to state-funded inpatient and outpatient treatment programs. Brief interventions, such as motivational counseling, education, and support are provided on a case by case basis. Case management is provided for clients who need assistance in accessing Recovery Supportive Services (RSS). These funds are administered through DSHS.

Activity	Total
Screened - Adults	2179
Screened - Youth	212
Referred to Treatment - Adults	1500
Referred to Treatment - Youth	171
Referred to RSS - Adults	890
Referred to RSS - Youth	93

DWI Offender Program – The DWI Intervention Program is designed for individuals who have been convicted of driving while under the influence of alcohol for a second subsequent offense. It teaches participants how to recognize inappropriate drinking patterns, make responsible decisions about alcohol/drug usage, and develop and implement a plan to change attitudes and behaviors of ATOD.

Class Cycle (Begin Date)	Participants Enrolled	Successful Completion	Dropped
9/02/2014	11	9	2
9/03/2014	13	11	2
1/06/2015	15	15	0
1/07/2015	15	13	2
5/05/2015	15	14	1
5/06/2015	14	11	3
Total	83	73	10



Homelessness Prevention

Programs	Director
ESG, SHP	Lisa Griffin

ESG (Emergency Solutions Grant) – The ESG program at MCFS provides funding to improve the number and quality of emergency shelters for homeless individuals and families, to operate these shelters, to rapidly re-house homeless people, and to prevent families and individuals from becoming homeless. These funds are administered through the Texas Department of Housing and Community Affairs (TDHCA).

Unduplicated Number of all Persons Served: All ESG Activities

ESG Recipients	Total
Adults Served	293
Children Served	307
TOTAL	600

ESG Recipients	Street Outreach	Shelter	Homeless Prev.	Rapid Re-housing
Adults Served	23	174	53	44
Children Served	10	147	97	58
Total	33	321	150	102

SHP (Supportive Housing Program) – The Supportive Housing Program helps develop and provide housing and related supportive services for people moving from homelessness to independent, supportive living. Program funds help homeless people live in a stable place, increase their skills and their income, and gain more control over the decisions that affect their lives. This funding is provided by the Department of Housing and Urban Development (HUD).

Gateway – Provides stable housing for chronically homeless men with disabilities.

HopeNet – Provides housing for homeless women with disabilities.

Next Step – Serves homeless families in which one member of the household has a disability.

These grants were originally three separately funded HUD grants, however this year they are combined into one grant – Hope Net

SHP	Total
Adults Served	35
Children Served	11
TOTAL	46

SHP	Gateway	HopeNet	Next Step
Adults	21	12	2
Children	0	3	8
Departures	3	4	0
Total	21	15	10

Family Violence & Sexual Assault

Programs	Director	Coordinator
BIPP	Allen Tippit	Tammy Harger

BIPP (Battering Intervention and Prevention Program) – Mid-Coast Family Services’ BIPP program is called “Relationships of Promise.” It is a 24-week program designed to hold family violence offenders accountable for their abusive behavior, as well as to teach them alternative ways to handle conflict in their relationship. The BIPP program works in coordination with referral sources, such as probation, parole, and the courts. Individual counseling is also available.

BIPP	Total
Beginning Population	79
Total Added	76
Total Exits	83
Completed Successfully	52
Total Served	155
Victims Contacted	102

Programs	Director
Victim Services	Alyssa Frederiksen

Victim Services – These services are provided to clients who may or may not elect to enter shelter. They include legal aid, crisis counseling, community presentations, & education/awareness programming as well as any services provided while living in the shelter. Funds which support these programs come from the Violence Against Women Act (VAWA), Other Victim Assistance Grants (OVAG), and Sexual Assault Prevention and Crisis Services (SAPCS) and Sexual Assault Services Program (SASP) funded through VAWA.

Program	Total
VAWA	227*
OVAG	254*
SAPCS	58*
SASP	34*
HHSC	311*

Unique Victims Served
468

*These are unique victims per funding stream, however they may have received services through multiple programs.

Women’s Crisis Center – The Women’s Crisis Center assists victims of family violence and sexual assault, including men, women and children. This 36 bed facility is open 24 hours a day, 365 days a year. It provides a safe, secure location for victims to recuperate and determine the next best step for their lives. Legal aid, crisis counseling, and case management are provided to all survivors on an as needed basis. The shelter is supported through the Health & Human Services Commission (HHSC), ESG, Mid-Coast Thrift N Gift, and other fundraising efforts.

- See Occupancy Chart

Month	Unique Victims (new)	Secondary Victims	Bed Nights
September	36	20	683
October	15	14	1128
November	8	6	1086
December	17	12	1091
January	10	10	1218
February	14	13	1076
March	8	5	1193
April	15	11	1248
May	7	3	1385
June	17	12	1026
July	18	15	1055
August	13	13	1008
	178	134	13,247

Service Types	Total
Hotline calls	1290
Safety Plan	259
Transportation	106
Medical Advocacy	165
Referrals	122
Crisis Interventions	323
Pets Sheltered	60

Mid-Coast Thrift N Gift

Program	Director
Thrift Store	NONE

FY 15

Month	Sales	Donations	Customers	Vouchers	Voucher \$\$\$
September	\$9,643.04	176	1006	16	\$1,024.34
October	\$12,347.18	175	1135	25	\$1,907.07
November	\$12,891.17	186	1039	20	\$1,990.75
December	\$13,128.94	290	1192	18	\$1,503.44
January	\$11,030.67	194	1066	14	\$1,323.41
February	\$11,291.44	139	1060	15	\$938.12
March	\$10,689.00	152	1029	11	\$911.36
April	\$10,507.94	148	885	11	\$847.32
May	\$9,688.84	187	846	7	\$797.19
June	\$10,863.95	185	973	10	\$1,025.07
July	\$10,622.26	205	1020	11	\$1,055.94
August	\$10,047.83	158	972	9	\$402.47
TOTAL	\$132,752.26	2195	12223	167	\$13,726.48

FY 14

Month	Sales	Donations	Customers	Vouchers	Voucher \$\$\$
September	\$10,318.09	249	1003	5	\$172.95
October	\$12,838.80	198	1217	19	\$1,672.32
November	\$12,155.47	246	1103	19	\$1,403.10
December	\$11,683.93	171	1151	4	\$273.39
January	\$11,839.14	232	1210	13	\$889.63
February	\$11,715.34	185	1116	13	\$896.29
March	\$10,998.48	208	1140	4	\$88.88
April	\$10,944.80	176	1031	12	\$957.71
May	\$10,196.45	207	1007	6	\$316.24
June	\$11,003.86	189	1079	8	\$315.34
July	\$11,259.81	217	1076	11	\$711.40
August	\$10,629.26	138	959	8	\$478.74
TOTAL	\$135,583.43	2416	13092	122	\$8,175.99