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[www.midcoastfamily.org](http://www.midcoastfamily.org)

## Volunteer Opportunities

Today's most pressing volunteer needs are at our Women's Crisis Center and helping to staff our shower facilities on Thursdays.

### Showers

We offer an opportunity for our homeless friends to take a free shower once a week at Central Church of Christ on Thursdays from 5-7pm. We are seeking male and female volunteers to hand out soap, shampoo and towels that evening. You can volunteer every week or once a month.

### Women's Crisis Center

**Tutors** – for children after school

**Organizers** of donations

**Telephone Answerers** for our Domestic Violence Hotline

Individuals to **accompany** victims of Domestic Violence to medical exams

**Monitors** of the Children's playroom at the Shelter

**Transporters** of clients to medical or legal appointments

**Picking up donations**

**Mid-Coast Thrift N Gift** – Clean and sort donations, steam clothes, stock the showroom.

### Organizing a Campus Drive for the following items:

Bath towels	Wash cloths	Purses	Wallets	Makeup	
Blow dryers	Brushes	Cologne	Body wash	Lotion	Costume jewelry
Transit tickets	Diapers	Baby wipes	feminine products	undergarments	(all sizes)

**Call Susie Latimer at 575-7842 for more information**

**Volunteer applications can be downloaded at [www.midcoastfamily.org](http://www.midcoastfamily.org)**

*The mission of Mid-Coast Family Services is to empower children, individuals, and families to live a life free from family violence, homelessness, sexual assault, and substance abuse.*