

# Mid-Coast Family Services



Service Summary  
September 1<sup>st</sup>, 2015 – August 31<sup>st</sup>, 2016



## Mid-Coast FY 15-16 Snapshot

### By the numbers...

Category	#
Youth in Education	1655 (1557)
Adults Referred to Treatment	1905 (1500)
Homeless Prevention Dept	719 (600)
Individuals Permanently Housed	54 (46)
Victims Served	683 (468)
Individuals Sheltered	306 (312)
Hotline Calls Received	1592 (1290)
Average Daily Sales	\$534 (\$469)
Thrift Sales	\$164,790 (\$132,753)
Thrift Vouchers Given	\$21,626 (\$13,726)

\*Numbers in parenthesis are FY15 totals

### Acronyms and Initialisms

- ATOD – Alcohol Tobacco and Other Drugs
- BIPP – Battering Intervention and Prevention Program
- CBSG – Curriculum Based Support Groups
- DSHS – Department of State Health Services
- ESG – Emergency Solutions Grant
- FV – Family Violence
- HHSC – Health and Human Services Commission
- HP – Homeless Prevention
- HUD – Housing & Urban Development
- MCFS – Mid-Coast Family Services
- OSAR – Outreach, Screening, Assessment, & Referral
- OVAG – Other Victim Assistance Grants
- PSH – Permanent Supportive Housing
- RRH – Rapid Re-housing
- RSS – Recovery Support Services
- SAPCS – Sexual Assault Prevention and Crisis Services
- SASP – Sexual Assault Services Program
- SNRP – Special Non-Residential Project
- TDHCA – Texas Department of Housing & Community Affairs
- VAWA – Violence Against Women Act
- VOCA – Victims of Crime Act
- WCC – Women’s Crisis Center
- YPI – Youth Prevention Indicated
- YPS – Youth Prevention Selective

## Substance Abuse

Programs	Director
<b>YPS/YPI/SNRP</b>	Tracy Aguilar
<b>OSAR</b>	Clyde Keebaugh
<b>DWI Program</b>	Allen Tippit

YPS (Youth Prevention Selective) – These are Department of State Health Services (DSHS) funded programs aimed at Elementary school aged youth. YPS programs are centered on Curriculum Based Support Groups (CBSG), which is a proven curriculum designed to enhance protective factors in children while limiting the effects of risk factors. Other strategies utilized in this endeavor are Alternative Activities, Educational Presentations, Information Dissemination, and the Community Based Process.

Activity	Total
CBSG – Support Groups	1098
Alt. Activity - Youth	1913
Alt. Activity - Adult	397
Presentations	44
Presentation Attendance	8994
Signed MOUs	30
Information Diss.	3028

YPI (Youth Prevention Indicated) – DSHS also funds YPI services aimed at youth in middle and high school. In addition to CBSG, Individual Prevention Counseling is utilized for more intensive education for students who have already been identified as having experimented with drugs. These youths are screened and given individual goals to curb ATOD (alcohol, tobacco and other drugs) usage. Students identified with deeper issues are referred to the proper services.

Activity	Total
CBSG – Support Groups	557
Individual Counseling	571
Youth Referred	115
Alt. Activity - Youth	2078
Alt. Activity - Adult	397
Presentations	59
Presentation Attendance	1778
Signed MOUs	36
Information Diss.	3133

OSAR (Outreach, Screening, Assessment, & Referral) – OSAR services are confidential drug and alcohol screenings and assessments that make referrals to state-funded inpatient and outpatient treatment programs. Brief interventions, such as motivational counseling, education, and support are provided on a case by case basis. Case management is provided for clients who need assistance in accessing Recovery Supportive Services (RSS). These funds are administered through DSHS which became HHSC in 2016. This program is no longer administered by Mid-Coast Family Services beginning Sept 1, 2016.

Activity	Total
Screened - Adults	2550
Screened - Youth	265
Referred to Treatment - Adults	1905
Referred to Treatment – Youth	191
Total DFPS Screens	1106
Referred to RSS - Adults	984
Referred to RSS - Youth	103

DWI Offender Program – The DWI Intervention Program is designed for individuals who have been convicted of driving while under the influence of alcohol for a second subsequent offense. It teaches participants how to recognize inappropriate drinking patterns, make responsible decisions about alcohol/drug usage, and develop and implement a plan to change attitudes and behaviors of ATOD.

Class Cycle (Begin Date)	Participants Enrolled	Successful Completion	Dropped
9/01/2015	8	7	1
9/02/2015	10	10	0
1/26/2016	15	13	2
5/24/2016	14	14	0
<b>FEES COLLECTED</b>	\$16,719		
<b>Total</b>	<b>47</b>	<b>44</b>	<b>3</b>

## Homelessness Prevention

Programs	Director
ESG, SHP	Lisa Griffin

ESG (Emergency Solutions Grant) – The ESG program at MCFS provides funding to improve the number and quality of emergency shelters for homeless individuals and families, to operate these shelters, to rapidly re-house homeless people, and to prevent families and individuals from becoming homeless. These funds are administered through the Texas Department of Housing and Community Affairs (TDHCA).

### Unduplicated Number of all Persons Served: All ESG Activities

ESG Receipts	Total
Adults Served	393 (293)
Children Served	326 (307)
<b>TOTAL</b>	<b>719 (600)</b>

ESG Recipients	Street Outreach	Shelter	Homeless Prev.	Rapid Re-housing
Adults Served	84	170	79	60
Children Served	6	137	111	72
<b>Total</b>	<b>90 (33)</b>	<b>307 (321)</b>	<b>190 (150)</b>	<b>132 (102)</b>

\*All numbers in parenthesis are FY 15 totals

\*All numbers are 5 month totals due to the Federal Fiscal Year.

### SHP (Supportive Housing Program) –

#### Current Housing Inventory:

Type	#	Funded by
1-Bedroom Apartment	24	HUD
2-Bedroom Apartment	4	HUD
3-Bedroom House	3	HUD
2-Bedroom Apartment	1	Central Church of Christ

PSH	Total
Adults Served	38
Children Served	16
<b>TOTAL</b>	<b>54</b>

SHP	Gateway	HopeNet	Next Step
Adults	21	14	3
Children	0	4	12
Departures	4	4	5
<b>Total</b>	<b>22</b>	<b>13</b>	<b>12</b>



## Family Violence & Sexual Assault

Programs	Director	Coordinator
BIPP	Allen Tippit	Tammy Harger

BIPP (Battering Intervention and Prevention Program) – Mid-Coast Family Services’ BIPP program is called “Relationships of Promise.” It is a 24-week program designed to hold family violence offenders accountable for their abusive behavior, as well as to teach them alternative ways to handle conflict in their relationship. The BIPP program works in coordination with referral sources, such as probation, parole, and the courts. Individual counseling is also available.

BIPP	Total
Total Exits	81
Completed Successfully	32
Total Served	155
Victims Contacted	102
Fee per participant	\$600
Total Amount Collected	\$26,689

SNRP (Special Non-Residential Project) – This funding is from HHSC (Health & Human Services Commission) to implement violence prevention programming for school aged children. Although from an administrative standpoint this program fits in the Family Violence department, in practice it dove-tails more appropriately in the Youth Department. These services utilize presentations and curriculum to prevent bullying, dating violence, and family violence.

Activity	Total
Community Presentations	121
Youth Attending	1759
Adults Attending	116
Professional Presentations	11
Attendees	199
Information Diss.	906

### **COO Analysis: (SNRP)**

- *All key measure goals for this program met except one, which was at over 90%.*
- *This program is highly sought after. Most of our goals reach into the 400% range because of the demand in the schools.*
- *While Angie Stafford has done a great job starting up this program, she will be leaving us soon. Finding someone to replace her will be a challenge.*

Programs	Director
Victim Services	Alyssa Frederiksen

Victim Services – These services are provided to clients who may or may not elect to enter shelter. They include legal aid, crisis counseling, community presentations, & education/awareness programming as well as any services provided while living in the shelter. Funds which support these programs come from the Victims of Crime Act (VOCA), Other Victim Assistance Grants (OVAG), and Sexual Assault Prevention and Crisis Services (SAPCS) and Sexual Assault Services Program (SASP) funded through VOCA.

Program	Total
VOCA	218*
OVAG	232*
SAPCS	114*
SASP	73*
HHSC (P)	162*
HHSC (S)	137

\*These are unique victims per funding stream, however they may have received services through multiple programs.

(P) Indicates Primary Victim

(S) Indicates Secondary Victim

Type	Total
Residential FV	306
Non-Residential FV	192
Sexual Assault	186

Unique Victims Served
683 (FY15 468)

Women’s Crisis Center – The Women’s Crisis Center assists victims of family violence and sexual assault, including men, women and children. This 40 bed facility is open 24 hours a day, 365 days a year. It provides a safe, secure location for victims to recuperate and determine the next best step for their lives. Legal aid, crisis counseling, and case management are provided to all survivors on an as needed basis. The shelter is supported through the Health & Human Services Commission (HHSC), ESG, Mid-Coast Thrift N Gift, and other fundraising efforts.

- See Occupancy Chart



## Who are the victims?

Resident Ethnicity (HHSC)	%
Am Indian	<1%
Anglo	41%
Asian/Pacific Islander	<1%
African American/Black	21%
Hispanic	37%
Unknown	0%

(P) Indicates Primary Victim  
(S) Indicates Secondary Victim

Service Types	Total
Bednights	10575
Hotline calls	1592
Meals served	31725
Safety Plan	304
Transportation	90
Medical Advocacy	195
Referrals	559
Crisis Interventions	616
Pets Sheltered	70

Age	Total
0-12 (P)	1
0-12 (S)	119
13-17 (P)	1
13-17 (S)	17
18-24 (P)	26
25-59 (P)	126
60+ (P)	8

## Mid-Coast Thrift N Gift

<b>Program</b>	<b>Director</b>
<b>Thrift Store</b>	NONE

### FY 16

Month	Sales	Donations	Customers	Vouchers	Voucher \$\$\$
September	\$11,838.25	275	1207	19	\$1702.07
October	\$13,115.73	254	1327	17	\$1842.21
November	\$13,698.89	294	1297	18	\$1862.14
December	\$15,032.30	248	1277	24	\$1139.70
January	\$14,978.31	277	1389	15	\$1840.10
February	\$14,994.42	259	1349	17	\$1566.47
March	\$15,695.04	277	1508	16	\$1505.34
April	\$14,204.10	280	1350	6	\$415.33
May	\$13,162.83	241	1172	19	\$1408.92
June	\$12,273.57	286	988	21	\$2819.23
July	\$13,256.46	298	1231	27	\$2050.32
August	\$12,540.25	303	1229	21	\$3473.82
<b>TOTAL</b>	<b>\$164,790.15</b>	<b>3292</b>	<b>15324</b>	<b>220</b>	<b>\$21,625.65</b>

### FY 15

Month	Sales	Donations	Customers	Vouchers	Voucher \$\$\$
September	\$9,643.04	176	1006	16	\$1,024.34
October	\$12,347.18	175	1135	25	\$1,907.07
November	\$12,891.17	186	1039	20	\$1,990.75
December	\$13,128.94	290	1192	18	\$1,503.44
January	\$11,030.67	194	1066	14	\$1,323.41
February	\$11,291.44	139	1060	15	\$938.12
March	\$10,689.00	152	1029	11	\$911.36
April	\$10,507.94	148	885	11	\$847.32
May	\$9,688.84	187	846	7	\$797.19
June	\$10,863.95	185	973	10	\$1,025.07
July	\$10,622.26	205	1020	11	\$1,055.94
August	\$10,047.83	158	972	9	\$402.47
<b>TOTAL</b>	<b>\$132,752.26</b>	<b>2195</b>	<b>12223</b>	<b>167</b>	<b>\$13,726.48</b>

Month	FY14	FY15	FY16	
September	\$10,318.09	\$9,643.04	<b>\$11,838.25</b>	MID-YEAR
October	\$12,838.80	\$12,347.18	<b>\$ 13,115.73</b>	\$83,657.90
November	\$12,155.47	\$12,891.17	<b>\$ 13,698.89</b>	
December	\$11,683.93	\$13,128.94	<b>\$ 15,032.30</b>	AVG. Daily
January	\$11,839.14	\$11,030.67	<b>\$ 14,978.31</b>	\$534.39
February	\$11,715.34	\$11,291.44	<b>\$14,994.42</b>	
March	\$10,998.48	\$10,689.00	<b>\$15,695.04</b>	
April	\$10,944.80	\$10,507.94	<b>\$14,204.10</b>	
May	\$10,196.45	\$9,688.84	<b>\$13,162.83</b>	
June	\$11,003.86	\$10,863.95	<b>\$12,273.57</b>	
July	\$11,259.81	\$10,622.26	<b>\$13,256.46</b>	
August	\$10,629.26	\$10,047.83	<b>\$12,540.25</b>	
<b>TOTAL</b>	\$135,583.43	\$132,752.26	\$164,790.15	

Department	%
Ladies	40%
Mens	7%
Childrens	4%
Shoes	8%
Bags	4%
Accessories	2%
Jewelry	6%
Households	22%
Misc.	7%
Electronics	<1%
Furniture	<1%

Introducing:

